New MHRRTTP Domiciliary Opens at Roseburg VA Medical Center

On August 4, 2017, the Roseburg VA Medical Center held a ribbon cutting for the new Mental Health Residential Rehabilitation Treatment Center (MHRRTTP) Domiciliary located on the Roseburg Campus. The new domiciliary features 22 beds, 19 male and 3 female. Residents in the new building are able to enjoy increased privacy and comfort. The domiciliary features single and double occupancy rooms, private bathrooms and showers, multiple group rooms, recreational and social nooks, a comfortable dining room, and staff offices, all in a home-like recovery-focused environment.

About the new building, acting MHRRTTP chief, Dr. Jeffrey Shepard said, “The comfort level is dramatically improved. The ability to be comfortable and feel safe in a residential, home-like environment makes it easier for Veterans to focus on their programs. This building is much better for promoting an environment for a therapeutic community.” The MHRRTTP Domiciliary houses residential substance abuse and PTSD Treatment programs Veterans receive individual and group management, assistance with discharge planning and follow up support for recovery. Congratulations to the staff and residents of the new domiciliary!

Coos Bay holds Successful Stand Down for Homeless Veterans

The Healthcare for Homeless Veterans Team at the North Bend CBOC teamed up with community partners to hold the 8th Annual Coos Bay Stand Down for Homeless Veteran. More than 300 Veterans attended and at least 50 homeless
Person-Driven Recovery

Recovery is based on a person’s right to control their own journey. “Self-determination and self-direction are the foundations for recovery as individuals define their own life goals and design their unique path(s) towards those goals. Individuals optimize their autonomy and independence to the greatest extent possible by leading, controlling, and exercising choice over the services and supports that assist their recovery and resilience. In so doing, they are empowered and provided the resources to make informed decisions, initiate recovery, build on their strengths, and gain or regain control over their lives.”


RRTP Veterans on the New Domiciliary

“I like the new program. The progress I have made has been profound. The comfortability of the new building takes a lot of the stress out.” ~ Joshua Boehland

“It’s beautiful. It’s really comfortable and clean. It helps to have a low stress environment when doing therapy. I completely recommend this program. Anyone with addiction or PTSD should check it out.”

~ Randy Beecham

Monthly Recovery Message

—by Keith Lewis, Local Recovery Coordinator

Several years ago, I was providing individual therapy to a Veteran with PTSD. He came into my office and immediately blurted out, “I can’t do this anymore!” He clarified that trauma therapy was too difficult and he didn’t want to do it right now. I tried to talk him into staying. I told him that recovery can be hard, but it gets easier. Then he taught me something. “I want to end my therapy,” he said. “not my recovery.” I realized that he was right. This was his journey and his right to choose. Every person with mental health challenges has the right to decide if, when, and how they engage in their own recovery. Since that day, I have tried to encourage Veterans to pursue their own goals, not mine, and make sure they know that they are in charge. Person-driven recovery means that before anyone is a mental health consumer, they are a person and they have the right to direct their own recovery.

Have Feedback? Contact Keith Lewis at the information below.

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